

THE MONUMENT QUILT Instructions

Intro to Project

FORCE is blanketing the lawn of the national mall with a quilt made of stories from survivors of rape and abuse. Your square and your voice will join thousands of other survivors and allies to create public space where survivors are honored and supported rather than silenced and shamed.

The Monument Quilt is a project by FORCE: Upsetting Rape Culture. FORCE is an artistic and activist collaboration to disrupt the dominant culture of rape and promote a counter culture of consent.



Submission Form

FORCE uses the submission form to send you a reference number. You can use your reference number to find your quilt square in the online digital archive of the quilt. We accept anonymous submissions; you don't have to include your name. We keep all information private. Quilt squares are accepted and displayed with or without a submission form.

ONLINE

We **HIGHLY** recommend that you fill out your submission form online, because typed entries leave less room for error: **themonumentquilt.org/submission**
After filling out the form, write your reference # here and attach it to your quilt.

REFERENCE #: _____

Date Received: _____

PAPER SUBMISSIONS

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Phone: _____

What keywords describe you, your quilt square, or your story?

The collected keywords will be displayed in the online archive of the Monument Quilt and will help the public visualize the landscape of sexual violence in America. ex: *male survivor, acquaintance rape, ally, strong, unbreakable, family, secondary survivor, child sexual abuse, military, college.*

- ☐ I understand that FORCE is the owner of this blanket and any accompanying material that I include, and that I cannot request that the quilt be returned once it is mailed. I assign to FORCE all rights to my submission.
- ☐ FORCE can contact me if they need additional information.
- ☐ FORCE can contact me if the media is interested in my quilt square.

I am making a donation of _____ to the Monument Quilt.

- ☐ I am including my donation by check.
- ☐ I made a donation online.
- ☐ I am not donating at this time.

OFFICE USE ONLY

Reference #: _____

Date Received: _____

1. Plan your quilt.

You may write your own story of rape or abuse, a statement about your experience with sexual violence, or a message of support for survivors. If you've never written your story before, this process may be difficult, but will ultimately be cathartic. Take breaks, take care of yourself, and reach out if you need support. If your experience is being a secondary survivor, please write from your perspective.

You can express your own unique experience in words, sentences paragraphs, images, color, symbols, pockets and more.

2. Make your square.

Squares can be made with:

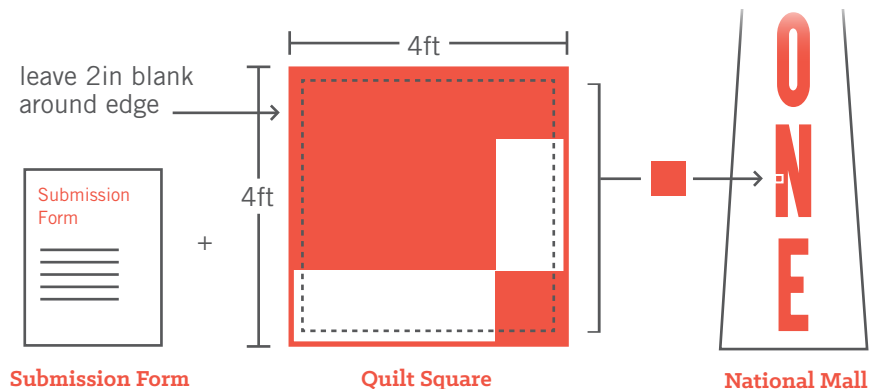
sewing
paint
markers (permanent or fabric)
iron-on transfer
out of an old sheet
spray paint

We recommend you not use:

hot glue
stretchy fabric
see-through fabric
or super heavy fabric
washable markers
or paper materials

Your quilt square can have:

folds
layers
pockets
objects sewn into it



If a part of your square breaks, we cannot fix it. We will still include squares that have broken pieces in the final display.

3. Make a donation.

The suggested donation is \$10 – \$30. Each quilt square costs \$30 to receive, document, store, process and display as part of the Monument Quilt. Donations over \$30 sponsor other the quilt squares from other people. All squares are received, cared for and included regardless of donation amount.

Checks can be made payable to our fiscal sponsor the Maryland Institute College of Art with “The Monument Quilt” in the memo line and mailed to us with your square. Online donations can be made at upsettingrapeculture.com/donate

4. Mail your materials.

Attach your reference # or submission form to your quilt and send to:

FORCE: Upsetting Rape Culture,
2315 Homewood Ave,
Baltimore, MD 21218

If you fill out the submission form online, you will receive a reference number immediately. If you fill out a paper form, please allow 3 months to receive a reference number.